

October 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>October Moon Phases: First Quarter: Oct 3 Full Moon: Oct 9 Last Quarter: Oct 17 New Moon: Oct 25</p>				<p>False - canines sweat through glands in their paws.</p>		<p>1</p>  <p>May the Lord Bless You With a Beautiful Day</p>
<p>2 2:30 Immanuel Lutheran Church</p>	<p>3 10:30 Exercise 1:15 Bible Chatter 2:30 Movie Time: Hummingbirds</p>	<p>4 8:25 Shuffleboard 1:00 Word Games 2:30 Fluffer Nutter Day</p>	<p>5 9:00 Woodworking 10:30 Yoga 11:45 Music with Donna 1:00 Scrabble 7:00 Bible Study</p>	<p>6 9:00 Woodworking 10:30 Exercise 1:00 - 3:00 Open House 1:00 Activities with Norma 2:30 Horse Racing 6:15 Bus to Cowboy Church</p>	<p>7</p> <p>HAIR DAY 8:25 Shuffleboard 1:00 Paint Class</p> 	<p>8</p> 
<p>9 2:30 Immanuel Lutheran Church</p>	<p>10 Thanksgiving Office closed No Housekeeping Give thanks with a grateful heart</p>	<p>11 Start of Hallway Bingo 8:25 Shuffleboard 1:00 Word Games 2:30 Sing-along with Bob 6:30 Bingo with Alice</p>	<p>12 9:00 Shopping and lunch in Sylvan Lake 1:00 Scrabble 7:00 Bible Study</p>	<p>13 9:00 Woodworking 10:30 Exercise 1:00 Activities with Norma 2:30 Horse Racing 6:15 Bus to Cowboy Church</p>	<p>14</p> <p>HAIR DAY 8:25 Shuffleboard 1:00 Paint Class 7:00 Rocky Ramblers-- Chester Sands and his group</p>	<p>15</p> 
<p>16 2:30 Church of the Nazarene</p>	<p>17 10:30 Exercise 1:15 Bible Chatter 2:30 Movie Time: Music with Daniel O'Donnell</p>	<p>18 8:25 Shuffleboard 1:00 Word Games 2:30 Game of 10,000, a dice game 6:30 Bingo with Alice</p>	<p>19 9:00 Woodworking 10:30 Yoga 11:45 Music with Donna 1:00 Scrabble 7:00 Bible Study</p>	<p>20 9:00 Woodworking 1:00 Activities with Norma 2:30 Horse Racing 10:00- 2:00 Alberta Clothing Company 6:15 Bus to Cowboy Church</p>	<p>21</p> <p>HAIR DAY 8:25 Shuffleboard- Cheryl 1:00 Paint Class 7:00 Leonard and Friends</p>	<p>22</p> 
<p>23 2:30 First Christian Reformed Church-</p> <p>30 2:30 Cowboy Church</p>	<p>24 10:30 Exercise 1:15 Bible Chatter 2:30 Movie Time: Alaska's Wild Peninsula 31 Halloween 10:30 Exercise 1:15 Bible Chatter 2:30 Movie Time: Croatia 4:30 Handing out candy</p>	<p>25 8:25 Shuffleboard 1:00 Filling Halloween Bags 2:30 Music with Bob 6:30 Bingo with Alice</p>	<p>26 9:00 Woodworking 11:30 Dinner Club- Cow Lake 1:00 Scrabble 7:00 Bible Study</p>	<p>29 9:00 Woodworking 10:30 Exercise 1:00 Activities with Norma 1:30 Birthday Party 2:40 Horse Racing 6:15 Bus to Cowboy Church</p>	<p>28</p> <p>HAIR DAY 8:25 Shuffleboard 1:00 Paint Class</p>	<p>29</p>  <p>Like yesterday, make today another wonderful day. Have a sweet and enjoyable SATURDAY!</p>