

September 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>September Moon Phases First Quarter: Sept 3 Full: Sept 10 Last Quarter: Sept 17 New Moon: Sept 25</p>		<p>Answer: True - that's the slowest digestion time of any mammal!</p>		<p>1 9:00 Woodworking 10:30 Exercise 1:00 Activities with Norma 2:30 Horse Racing</p>	<p>2 HAIR DAY 8:25 Shuffleboard 1:00 Paint Class</p>	<p>3</p> 
<p>4 No Church today</p>	<p>5 Labor Day Office Closed No Housekeeping</p>	<p>6 8:25 Shuffleboard 1:00 Word Games 2:30 Sing along with Bob</p>	<p>7 9:00 Woodworking 10:30 Yoga 11:45 Music with Donna 1:00 Scrabble 7:00 Bible Study</p>	<p>8 9:00 Woodworking 10:30 Exercise 12:45 Bus Trip to Miner's Cafe 1:00 Activities with Norma 2:30 Horse Racing</p>	<p>9 HAIR DAY 8:25 Shuffleboard 12:45 Bus Trip to Miner's Cafe 1:00 Paint Class 7:00 Rocky Ramblers-- Chester Sands and his group</p>	<p>10</p> 
<p>11 2:30 First Christian Reformed Church Grandparents Day</p>	<p>12 10:30 Exercise Cheryl 1:15 Bible Chatter 2:30 Movie Time: Animals and Plants in the Isthmus of Panama. Alison will put this video on for you</p>	<p>13 8:25 Shuffleboard- Cheryl 1:00 Word Games with Joyce L</p>	<p>14 9:00 Woodworking 1:00 Scrabble 7:00 Bible Study</p>	<p>15 9:00 Woodworking 10:30 Exercise- Cheryl 1:00 Activities with Norma 2:30 Horse Racing- Darlene</p>	<p>16 HAIR DAY 8:25 Shuffleboard- Cheryl 1:00 Paint Class 7:00 Leonard and Friends</p>	<p>17</p> 
<p>18 2:30 Immanuel Lutheran church</p>	<p>19 10:30 Exercise 1:15 Bible Chatter 2:30 Movie Time: Magic of the Mountains</p>	<p>20 8:25 Shuffleboard 1:00 Word Games 2:30 Game of 10,000, a dice game</p>	<p>21 9:00 Woodworking 10:30 Yoga 11:45 Music with Donna 1:00 Scrabble 7:00 Bible Study</p>	<p>22 First day Of Fall 9:00 Woodworking 10:30 Exercise 1:30 Birthday Party 2:40 Horse Racing</p>	<p>26 HAIR DAY 8:25 Shuffleboard 1:00 Paint Class</p>	<p>24</p> 
<p>25 2:30 Immanuel Lutheran church 7:00 Cards with Shirley</p>	<p>26 10:30 Exercise 1:15 Bible Chatter 2:30 Movie Time: Born to Fly: Birds</p>	<p>27 8:25 Shuffleboard 1:00 Word Games 2:30 Music with Bob</p>	<p>28 9:00 Woodworking 10:30 Yoga 11:30 Dinner Club 1:00 Scrabble 7:00 Bible Study</p>	<p>29 9:00 Woodworking 10:30 Exercise 1:00 Activities with Norma 2:30 Horse Racing</p>	<p>30 HAIR DAY 8:25 Shuffleboard 1:00 Paint Class</p>	<p>Happy Saturday! Have a beautiful day!</p> 